

## Our Courses - The Purpose

Our courses are all about maximising the capabilities of the individuals whilst he or she is away on business. Many of our clients travel to and work in countries and areas where there is a risk to their safety. This may be due to high crime rates, civil and political unrest or the ever present threat of disease or road traffic accidents. We aim to empower the individual; help them 'think safe' so to avoid trouble at the earliest opportunity whilst helping companies deliver their corporate duty of care. The course is designed to compliment any existing travel procedures.

The key aims of our courses is:

- Help the business executive to set their own safety parameters so as to recognise and avoid trouble
- Give confidence to be as productive as possible whilst away
- What to do if it all goes wrong; handling a mugging situation or corrupt officials



## Typical Course Options

Our clients tend to opt for either a half or full day course. Businesses or NGOs sending employees to countries where terrorism or civil disorder is still prevalent would tend to go for a day course. For those more concerned with the general safety of employees (especially females) a 2 or 3 hour course is generally sufficient. All our courses can be tailored to the needs of the client; all will be slightly different.

### Half Day Example Contents; 2 to 3 hours

- ❖ Situation Awareness
- ❖ Personal safety and crime prevention
- ❖ Before you go; security, religious, cultural issues
- ❖ Getting About; safety in taxis, airports, buses..
- ❖ Accommodation & data security, money
- ❖ Safe food and water, inoculations, sickness abroad
- ❖ Female issues abroad

### Full Day Example Contents; + 4 hours, in addition to half day...

- ❖ Negotiating police and military checkpoints
- ❖ Mines and booby traps
- ❖ Ballistics, what to do if caught in cross fire
- ❖ Kidnap and Ransom; avoidance and what to do if taken
- ❖ Medical; First Aid and tropical hygiene

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